

Medical Team Student Internship 2026/2027 Season



Job Title	Medical team Student internship		
Job Department	Medical	Closing Date	22/04/2026 5pm
Accountable To	Head of Medical	Position Type	Student Placement
Hours	To be discussed with the successful applicant but will involve evening and weekend work	Location	Lady Bay
Start Date	01/07/2026	Duration	2026/2027 Season

About Nottingham Rugby:

Founded in 1877, Nottingham Rugby is one of England's historic rugby union clubs, proudly representing the city of Nottingham in the RFU Championship, the second tier of English rugby. Based at The Bay in West Bridgford, the club has a rich heritage of developing talent and fostering a strong community spirit. Known for its passionate fanbase and commitment to playing an exciting brand of rugby, Nottingham Rugby continues to play a key role in the development of the sport both regionally and nationally.

Our Offer:

This position is an unpaid, voluntary student placement helping the Nottingham Rugby 1st XV. Hours will be discussed with the successful candidate, with ideally being present at one training a week and games.

Nottingham Rugby will support the successful candidate's development, providing exposure and experience within the medical department. Alongside this the successful candidate will get staff kit and use of the Nottingham Rugby gym.

The Role:

This position is open to current Physiotherapy, Sports Therapist and Sports Rehab students. You will work closely with coaches and other support staff to help prepare the players for the opposition that week, while gaining invaluable insight into the role of a Head of Medical within a semi-professional rugby club.

Learning Opportunities, Roles and Responsibilities:

- Assist the medical team with assessment and treatment of injuries.
- Assist the medical team with treatment and strapping pre game. Assist the medical team with treatment, rehabilitation programmes, strapping and pitch side assistance at training sessions.
- Keep up to date notes on all player contacts on Kitman's Lab.
- Be the Hawkeye operator for both home and away games.
- Assist the Head of Medical with all other day to day duties within the medical department.

The Person:

Essential

- Currently undertaking a BSc Physiotherapy, BSc Sports Therapy, BSc Sports Rehabilitation degree
- Highly motivated and enthusiastic student looking to gain experience within a rugby Medical Team
- Experience in soft tissue and taping.
- Good understanding of rugby and the demands the game.
- An individual who is organised, punctual and a dedicated learner who is receptive to feedback to around both strengths and areas for development.
- Have excellent communication skills and the ability to adapt to situations when they arise.
- Be able to complete World Rugby Online modules:
 - Concussion Management for Match Day Medical Staff using the HIA Protocol
 - Medical Protocols for Match Day Medical Staff

Desirable

- Experience in being a Hawkeye operator.

How to Apply:

If you are interested in applying, please send your CV and a one-page personal statement to lauren.grant@nottinghamrugby.co.uk outlining any previous experience you have and why you should be selected for this role.

Applicants should quote the reference 'NRF – Medical Internship' as the subject line of their e-mail.